



## *FIVE DAY INTENSIVE OUTPATIENT THERAPY*

Introducing Wildfire, a 5-day intensive outpatient treatment program that offers total healing for those struggling with anxiety, depression, PTSD, and addiction. Our program is centered around the idea of harnessing the transformative power of a wildfire to help individuals rise from the ashes of their past and discover new life beyond their struggles.

Join us on the journey to total healing with Wildfire's comprehensive treatment program. With our unique combination of evidence-based therapies and alternative practices, we are committed to supporting individuals in developing a deeper understanding of their inner strengths and potential.



421 N Highway 75, Shoshone ID 83352

Please call, text, or email us at:



208-996-0706



info@wildfireprogram.com

At Wildfire, we believe in a holistic approach to healing that addresses the physical, mental, and emotional aspects of recovery. That's why our program includes evidence-based therapies, such as:

- Equine Assisted Psychotherapy
- Neurofeedback
- EMDR
- Emotion-Link
- DBEM



Our experienced team of professionals creates personalized treatment plans that incorporate a variety of techniques to support individuals in achieving total healing. Whether it's through connecting with horses, practicing mindfulness, or learning new coping skills, our goal is to empower our clients to take control of their lives and rediscover their sense of purpose.

Our Mission at Wildfire is to guide individuals toward optimal physical, emotional, and mental well-being. We believe in the power of these modalities to create transformational experiences that enhance self-awareness, confidence, and resilience. Our goal is to create a safe and supportive environment where individuals can connect with themselves, others, and nature.

We are committed to providing exceptional care and guidance to our clients, and to promote the health and well-being of both people and horses.